



bedouin camp

www.sheikmoussa.com
sheikmoussa@gmail.com
mob 0100 641 3575 - 0100 688 0820
fax 069 347 0042

Drinks

Hot Drinks

. Turkish coffee	5 LE
. Nescafé	5 LE
. American filter coffee	7 LE
. Espresso (Lavazza coffee)	7 LE
. Cafe Latte (Lavazza coffee)	9 LE
. Cappuccino (Lavazza coffee)	9 LE
. Hot cinnamon milk	7 LE
. Sahleb (nougat powder with milk & nuts)	9 LE
. Hot chocolate (with real melted chocolate)	9 LE

Teas

. Black tea	4 LE
. Earl Grey, Mint, Anis, Karkade, Cinnamon (tea bag)	4 LE

Teas Herbal Infusions

. Marmaria (Bedouin sage)	5 LE
. Habaq (wild desert mint)	5 LE
. Zatar (wild oregano)	5 LE
. Bedouin herb mix	5 LE
. Karkade (hibiscus)	5 LE

Soft drinks

. Cola, Cola light, Fanta, Sprite, Mirinda	5 LE
. Birell (non alcoholic beer), Fayruz	5 LE
. Mineral water big (1,5 Litre)	4 LE
. Mineral water small (0,5 Litre)	3 LE



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Juices & Shakes

Fresh Juices

- . Lemon 5 LE
- . Melon, peach, banana, orange or guava 7 LE

Yoghurt Lassi - thick, fruity yoghurt shake

- . Lemon, melon, peach, banana or orange 7 LE
- . Mango (seasonal) 9 LE

Thick Shakes - ice cream & dash of milk

- . Lemon, melon, peach, banana, orange 9 LE
- . Fruit-sorbet shake 9 LE
- . Vanilla shake 8 LE
- . Chocolate shake 8 LE
- . Coffee shake 8 LE

The availability of fruits depends on season & local circumstances!



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Wraps & Burgers

Bedouin-Bread Wraps (thin, unleavened "faracheyya" bread, wrapped up)

- . Feta Wrap
Feta cheese, tomato, olive oil & oregano 15 LE
- . Shakshouka
Scrambled eggs with peppers, onion, tomato & spices 15 LE
- . Tuna Wrap
Tuna with mayonnaise 15 LE
- . Chicken Pannee
Fried strokes of chicken fillet with orange-honey-mustard sauce 15 LE
- . Kofta
Spiced minced meat fried with sweet peppers, tomato & onion 15 LE

Burgers served on white bun

- . Veggie Burger vegetarian chickpea burger 15 LE
- . with fried egg and cheddar cheese 18 LE
- . Saucisse Burger, sausage with tomato and cucumber 18 LE
- . Beef Burger 18 LE
- . with fried egg OR cheddar cheese 20 LE
- . with fried egg AND cheddar cheese 22 LE
- . Order of French fries 8 LE



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Sweet Bites/Desserts

Ice Cream

Dame Blanche vanilla & chocolate ice-cream with melted chocolate 10 LE

Banana Boat fried banana with chocolate & vanilla ice-cream 12 LE

Coupe Sunshine mango & vanilla ice-cream with fresh fruits 15 LE

Sweet treat of the day

Changing desserts, muffins or pies ...

Check the board or ask the chef!



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Pancakes

Savoury Pizza-Pancakes

- . Crepe with melted cheddar cheese 11 LE
- . Mediterranean tomato topped with tomato, fried onion, black olives, oregano & cheese 13 LE
- . Tuna melt topped with tuna, fried peppers & onion, capers & cheese 16 LE
- . Salami topped with salami, mushrooms, fried onions & cheese 16 LE

Sweet Crepes

- . Crepe with sugar 6 LE
- . Crepe with lemon & sugar 7 LE
- . Crepe with honey & jam 7 LE
- . Crepe with fried banana & coconut 13 LE
- . Crepe with fried banana & melted chocolate 13 LE
- . Crepe with fried apple & cinnamon 13 LE
- . Chocolate-Crepe with honey & nuts 13 LE

Energy crepe

- . Filled with sweet sesame, raisins, coconut & nuts 16 LE



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Breakfast & Lunch

Egyptian Breakfast

Plate with Fool, Falafel, boiled eggs or omelet,
Feta cheese with oregano & olive oil
Tea or Nescafé

21 LE

English Breakfast

Sausages with fried eggs, butter, jam and a fruit salad
Tea or Nescafé

22 LE

Continental Breakfast

Salami, boiled eggs, yoghurt, honey and jam and
Feta cheese with oregano & olive oil
Tea or Nescafé

25 LE

Eggs

Plain Omelet	12 LE
Cheese Omelet	15 LE
Spanish Omelet	17 LE
Shakshouka	18 LE
Omelet with mushrooms	20 LE

All egg dishes are served with French fries.

Egyptian Lunch served with bread

22 LE

- . Tahina or Homos
- . Tuna or Sardines
- . Eggs or Okra
- . Feta Cheese with oregano & olive oil
- . Salad



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Salads & Soups

Salads & Dips served with bread, olive oil & balsamic vinegar

. Tahina (sesame dip with garlic & lemon)	8 LE
. Humus (chickpea dip)	8 LE
. Mixed green salad	10 LE
. Greek salad (with olives & feta cheese)	15 LE
. Baba Ghanough (roasted aubergine dip)	15 LE
. Tuna salad (with capers & onion)	15 LE
. Potato salad (with yoghurt - mayonnaise & fresh herbs)	15 LE
. Salad Deluxe – your choice of 3 dips / salads	25 LE

Soups served with bread

. Tomato soup	15 LE
. Lentil soup	15 LE
. Vegetable noodle soup	15 LE
. Carrot soup	15 LE
. Zucchini soup	15 LE



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Pizza & Pasta

Pizza

. Pizza Margherita	20 LE
. Pizza Mushroom	23 LE
. Pizza Vegetable	23 LE
. Pizza Four Cheeses	25 LE
. Pizza Salami (beef)	25 LE
. Pizza Chicken	25 LE

Pasta

. Spaghetti Napoletana	
Spaghetti with rustic tomato sauce blended with Italian herbs	21 LE
. Penne Arrabbiata	
Pasta with hot tomato sauce with garlic and chillies	15 LE
. Spaghetti Vegetables	
Spaghetti with tomato sauce and mixed with several vegetables	17 LE
. Spaghetti Bolognese	
Spaghetti topped with traditional meat sauce	20 LE
. Penne a la Forno	
Pasta with bechamel sauce baked in the oven	20 LE
. Spaghetti Chicken with Mushroom	25 LE
. Macaroni served with fresh tomato-oregano sauce	
. plain with cheese	15 LE
. with zucchini & aubergine	20 LE
. with fried zucchini & mushrooms	20 LE
. with tuna	20 LE
. with kofta (spiced minced meat), peppers & onion	25 LE



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Chicken dishes

. Chicken noodles mix Chicken fillet, mixed with noodles, served with rice & salad	30 LE
. Spicy Chicken Chicken fillet, marinated & fried in Egyptian seasoning, served with rice & tahina	30 LE
. Indian Chicken Curry Chicken fillet & vegetables simmered in Indian curry sauce, served with rice	35 LE
. Mexican Chicken Spicy chicken with tomato, onion and basil	35 LE
. Chicken Mushroom Chicken in mushroom crème sauce	40 LE
. Chicken Hawaii Chicken served with pineapple and melted cheese	40 LE
. Chicken Barbecue ½ chicken	40 LE
. Shish Tawook Chicken legs with pepper, onion and tomato on a skewer	40 LE
. Chicken Pannee Fried chicken fillet	45 LE

All dishes will be served with cooked vegetables and your choice of rice or French fries.

Check the board for daily specials!



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Meat dishes

. Kofta (spiced minced meat sausages) fried with onions, peppers & tomatoes	25 LE
. Beef Stroganoff, fried strokes of fillet beef in classical creamy Stroganoff sauce	35 LE
. Roast beef, baked in oven, meat sausages with roast potatoes, garlic, onions, green pepper	35 LE
. Schnitzel Pannee	
. Fried veal cutlet coated in bread crumbs	45 LE
. Beef Mushroom	
. Fried veal cutlet with mushrooms in mushroom sauce	45 LE
. Beef Orange	
. Fried veal cutlet with sliced oranges in orange sauce	45 LE
. Beef Lemon	
. Fried veal cutlet with sliced lemon in lemon sauce	45 LE
. Shish Kebab Halla (fried)	
. Beef cutlets cooked with onion and herbs	45 LE
. Shish Kebab / Souflaki	
. Beef cutlets with pepper, onion and tomato on a skewer	50 LE
. Barbecue Steak	
. Barbecued beef steak	60 LE
. Mushroom Steak	
. Barbecued beef steak with mushroom sauce	60 LE
. Pepper Steak	
. Barbecued beef steak with pepper sauce	60 LE

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Vegetarian dishes

- . Vegetable Sautee
Stir-fried vegetables, served with lentil-rice & salad 25 LE
- . Green beans Sautee
Stir-fried beans, served with lentil-rice & salad 25 LE
- . Potatoes Pannee
Potatoes fried with eggs and flour, oregano, black pepper 25 LE
- . Spinach Feta Pastry
seasoned spinach, feta & fresh herbs wrapped in filo pastry,
oven-baked, served with cucumber-yoghurt-salad 25 LE
- . Moussaka
Fried aubergines, sweet peppers & potatoes
simmered in spicy-sweet tomato sauce,
and served with either rice or bread 25 LE

Tajine

- . Tajine Vegetables
Oven baked tomato, onion, pepper and zucchini 25 LE
- . Tajine Green Beans
Oven baked tomato, onion, pepper, zucchini and green beans 25 LE
- . Tajine Moussaka
Oven baked tomato, onion, pepper, aubergine and potatoes 25 LE

All Tajine dishes will be served with rice and salad.

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Welcome to our

BEDOUIIN CAMP & GUESTHOUSE

Enjoying Bedouin atmosphere,
housing Bedouin culture.

And nice Bedouin meals
are cooked right here !

Feel at home!



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Traditional Bedouin Meals

with organic herbs of the mountains

.	Rice with lentils and onions	25 LE
.	Rice with aubergine, tomatoes, onions, garlic	25 LE
.	Rice with zucchini	25 LE
.	Rice with chicken, vegetables and salad	30 LE

Special offer for groups 5 people up – very traditional:

Goat barbecue

Please place your order one day in advance, price on request.